

I-Group Facilitation Training



Ontario-Quebec IGFT, Nov. 1-3, 2024

A special opportunity is available Nov. 1-3 to strengthen your I-Group facilitation skills. You will learn some great processes and build confidence for facilitating inner work in your circle.

Participant Comments from previous Canadian IGFTs:

- Wow That was amazing.
- Wow, what a beautiful, mind and heart blowing weekend!
- Unlike any other training I've taken. Learned a TON!!!
- I did more, put more energy into it all, got more out than I expected, than I imagined! People shared amazing parts of themselves.
- Awe-inspiring staff ... you shared your different energies and approaches and modelled a bunch of different possibilities for us.
- Intense, deep connections and joy, definitely one of the peak experiences of my life.

Do you and others in your circle want to:

- Be a "go-to-person" for facilitating inner work?
- Support the men working to safely go deeper?
- Help them learn from their work and plot positive paths forward?
- Experience just how powerful your circle can be?

Then the IGFT is exactly what you're looking for!

- ***Prerequisites:*** By the time of the training, participants must have **one** of the following three prerequisites. (1) Regular participation in an I-Group for over a year, and the endorsement of a group member. (2) New Warrior Adventure graduate – the next NWTAs in Quebec and Ontario are May 17-19 in Trois Rivieres QC, June 6-9 in Fingal ON, and October 18-20 in Trois Rivieres QC. (3) Warrior Within (WW) graduate.
- ***Pricing:***
 - Early Bird price (if paid by July 31) is \$335. Otherwise, the full price is \$360.
 - If you have taken a GIFT or IGFT before, you qualify for a reduced rate of \$300 if paid by July 31 and \$325 after that.
 - A limited number of subsidies are available. Please inquire if this would make a difference for you.
- ***Location:*** Camp Merrywood, near Port Elmsley ON <https://www.eastersealscamps.org/about/camp-merrywood/> We'll be sleeping in bunkbeds and bringing our own bedding and towels.
- ***Times:*** Starts at 7:00 pm on Friday Nov. 1 and ends at 2:00 pm on Sunday Nov. 3.
- ***Priority:*** Men from Ontario and Quebec will get priority until July 31 (Early Bird deadline)

On this weekend you will:

- ***Learn Key Facilitation Skills:*** Speak to be understood; Use silence to open blocked paths; Meet people where they are; Use mindful Interruption to stay on track; Verify & Clarify; Ask powerful questions.
- ***Learn to Show Up:*** Authentic, Self-Aware, Outrageously Curious, Compassionate, Non-Judgmental, Intuitive, Confident and Open to Feedback.
- ***Deliver & Experience Five Key Facilitation Processes:*** Inner Child (ongoing issues); Look Who's Talking (decision conflicts & shadow voices); Person in the Mirror (clearings, projections & blaming others); Symbol Extraction (stuck energy); and Owing Your Gold (self-doubt.)
- ***Experience*** deep work, greater connection to other participants and more confidence to contribute to your I-Group. A truly awesome training!

Reserve Your Spot Now

First come first served and we expect to sell out again. Register now at <https://mkpconnect.org/civcrm/event/info?reset=1&id=80433>.

Questions?

Contact Jay Kassirer kassirer@cullbridge.com or (613) 224-3800.